



### Repeat Contraception Request Form

**Please complete and hand this into reception or access on the website under family health section and email it to [burnbrae.medicalpractice@lanarkshire.scot.nhs.uk](mailto:burnbrae.medicalpractice@lanarkshire.scot.nhs.uk)**

Date | Time

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*Please answer all the questions.  
You can attend the Pharmacy for a Blood Pressure and Weight check*

|  |                                |      |
|--|--------------------------------|------|
| Name:  | Date of birth:                 | Age: |
| Email  |                                |      |
| <b><u>ARE YOU UP TO DATE WITH SMEAR?:</u></b>  | Mobile number:                 |      |
| Name of contraception:   | Length of time on this method: |      |
| Any late or missed pills?  |                                |      |
| If yes, what date and how many days missed?  |                                |      |
| Date of your last period:  |                                |      |
| Have you been checked for sexually transmitted infections recently?  |                                |      |
| Would you like a sexual health check?  |                                |      |
| Do you smoke? If so, how many a day?   |                                |      |
| Do you have any bleeding you consider to be abnormal with this method? If yes please explain:                                  |                                |      |
| Do you have any bleeding after sex?  |                                |      |
| Have you ever had headaches, particularly where you have a sense of visual changes, numbness, or tingling before the headache? |                                |      |
| Do you have any breast disease in your family, or have you had breast disease (including cancer)? Give details.                |                                |      |
| Have you or anyone in your family ever had a blood clot (stroke or DVT)?   |                                |      |
| Any new problems with this method. Any changes since your last check?  |                                |      |
| Are there any other health problems you would like to talk about?  |                                |      |
| Have you recently had a baby (last 6 months)?  |                                |      |
| Are you breastfeeding?   |                                |      |
| <b>What is your current weight?</b>  |                                |      |
| <b>What is your current blood pressure (please give date of reading).</b>  |                                |      |